



General Classes

“We Entertain and Educate in the following areas (All Ages)!”

Hip Hop 2 Fitness - *The latest, highly energetic Dance Moves are taught to fun, positive and inspirational music by one of our dynamic choreographers!*

Lyrical / Modern Dance - *Beginner to Advanced*

Tap - *Beginner to Advanced*

Ballet - *Beginner to Advanced*

Jazz - *Beginner to Advanced*

Salsa - *Beginner to Advanced*

Indian / Bollywood - *Beginner to Advanced*

Creative Movement (dancing with props such as ribbons, scarves, etc.) - *Beginner to Advanced*

Poppin' / Lockin' Fundamentals

Breakdancing - *Beginner to Advanced*

Liturgical / Praise Dance - *Beginner to Advanced*

Mime - *Beginner to Advanced*

African Dance / African Drumming - *Beginner to Advanced*

Gymnastics - *Beginner to Advanced*

Cheerleading - *Beginner to Advanced*

Greek Stepping / Line Dancing - *Beginner to Advanced*

Krumping - *Beginner to Advanced*

Cultural Dances - *Indian, Chinese/Taiwanese, Flamenco, Mexican, African, Salsa, Martial Arts Infused Dance (Capoeira)*

Fitness Classes (by Certified Fitness Professionals) - *Pilates, Hip Hop, Kickboxing, Jazz, Step, Senior, Kids Fitness, Cardio Salsa, General Aerobics, Interval Training, Weightlifting, Bodysculpting, Personal Training*

Additional Areas: Drama, Piano Fundamentals, Vocal Training, Web Design

Name It.....We can do it!!!!!!!!!!!!!!!!!!!!!!!!!!!!!!